

Shooting Procedure in Kyōgi (Hitote, Zasha, 3-Person group)

All Nippon Kyudo Federation

	Ichiban	Niban	Sanban
H A Y A	Start shooting right away.	Stand up when Ichiban brings his right fist to his hip in standing position. Start Uchiokoshi at Ichiban's Tsurune and proceed with the shooting.	Stand up when Niban brings his right fist to his hip in standing position. Start Uchiokoshi at Niban's Tsurune and proceed with the shooting.
O T O Y A	Once Haya shot, sit down in Kiza, nocks Otoyā and stands up. Start Torikake at Sanban's Tsurune and proceed with the shooting.	Once Haya shot, sit down in Kiza, nock Otoyā and stand up. Start Uchiokoshi at Ichiban's Tsurune and proceed with the shooting.	Once Haya shot, sit down in Kiza, nock Otoyā and stand up. Start Uchiokoshi at Niban's Tsurune and proceed with the shooting.

(Effective as of April 1, 2014)

- Notes :
- 1) At the entry, make sure to focus your attention on the Kamiza. Ichiban does Rei, the others do Yū (in Futa-Iki : two breaths).
 - 2) Proceed to Honza, sit down in Kiza, perform Yū (in Mi-Iki : three breaths) all together and move forward to Shai.
 - * When a previous Tachi is shooting, enter at the Tsurune of Niban's Otoyā and wait on Honza in Kiza posture.
 - * Perform Yū all together at the last archer's Tsurune and stand up at his Yudaoshi. When he leaves and makes the first step to the right, move forward to Shai.
 - * There are also occasions when you may perform Yū all together at the "Hajime" signal of the Shinkōgakari and move to Shai.
 - 3) Sit down in Kiza on Shai, turn into the Waki-Shōmen, stand the bow and carry out Yatsugae.
 - 4) After shooting the last arrow, each archer leaves the Shajō.
 - 5) At the exit, make sure to focus your attention on the Kamiza before doing Yū (in Futa-Iki).
 - 6) Make sure that the movements before and after the shooting are not overlong.
 - 7) The same procedure applies when shooting 4 arrows (Futate) and in 4-Person group.
 - 8) When a time limit is set, it is possible to proceed faster as long as the order of the archers is respected.

Shooting Procedure in Kyōgi (Hitote, Zasha, 5-Person group)

All Nippon Kyudo Federation

	Ichiban	Niban	Sanban	Yonban	Goban
H A Y A	Start shooting right away.	Stand up when Ichiban brings his right fist to his hip in standing position. Start Uchiokoshi at Ichiban's Tsurune and proceed with the shooting.	Stand up when Niban brings his right fist to his hip in standing position. Start Uchiokoshi at Niban's Tsurune and proceed with the shooting.	Stand up when Sanban brings his right fist to his hip in standing position. Start Uchiokoshi at Sanban's Tsurune and proceed with the shooting.	Stand up when Yonban brings his right fist to his hip in standing position. Start Uchiokoshi at Yonban's Tsurune and proceed with the shooting.
O T O Y A	Once Haya shot, sit down in Kiza, nocks Otoya and stand up. Start Torikake at Goban's Tsurune and proceed with the shooting.	Once Haya shot, sit down in Kiza, nock Otoya and stand up. Start Uchiokoshi at Ichiban's Tsurune and proceed with the shooting.	Once Haya shot, sit down in Kiza, nock Otoya and stand up. Start Uchiokoshi at Niban's Tsurune and proceed with the shooting.	Once Haya shot, sit down in Kiza, nock Otoya and stand up. Start Uchiokoshi at Sanban's Tsurune and proceed with the shooting.	Once Haya shot, sit down in Kiza, nock Otoya and stand up. Start Uchiokoshi at Yonban's Tsurune and proceed with the shooting.

(Effective as of April 1, 2014)

- Notes :
- 1) At the entry, make sure to focus your attention on the Kamiza. Ichiban does Rei, the others do Yū (in Futa-Iki : two breaths).
 - 2) Proceed to Honza, sit down in Kiza, perform Yū (in Mi-Iki : three breaths) all together and move forward to Shai.
 - * When a previous Tachi is shooting, enter at the Tsurune of Niban's Otoya and wait on Honza in Kiza posture.
 - * Do Yū all together at the last archer's Tsurune and stand up at his Yudaoshi. When he leaves and makes the first step to the right, move to Shai.
 - * Sometimes, you may do Yū all together at the "Hajime" signal of the Shinkōgakari, and move to Shai.
 - 3) Sit down in Kiza on Shai, turn into the Waki-Shōmen, stand the bow and carry out Yatsugae.
 - 4) After shooting the last arrow, each archer leaves the Shajō.
 - 5) At the exit, make sure to focus your attention on the Kamiza before you do Yū (in Futa-Iki).
 - 6) Make sure that the movements before and after the shooting are not overlong.
 - 7) The same procedure applies when shooting 4 arrows (Futate).
 - 8) When a time limit is set, it is possible to proceed faster as long as the order of the archers is respected.

Shooting Procedure in Kyōgi (Hitote, Rishsha, 3-Person group)

All Nippon Kyudo Federation

	Ichiban	Niban	Sanban
H A Y A	Start shooting right away.	Start Uchiokoshi at Ichiban's Tsurune and proceed with the shooting.	Start Uchiokoshi at Niban's Tsurune and proceed with the shooting.
O T O Y A	Once Haya shot, carry out Yatsugae and wait. Start Torikake at Sanban's Tsurune and proceed with the shooting.	Once Haya shot, carry out Yatsugae and wait. Start Uchiokoshi at Ichiban's Tsurune and proceed with the shooting.	Once Haya shot, carry out Yatsugae and wait. Start Uchiokoshi at Niban's Tsurune and proceed with the shooting.

(Effective as of April 1, 2014)

- Notes :
- 1) At the entry, make sure to focus your attention on the Kamiza. Ichiban does Rei, the others do Yū (in Futa-Iki : two breaths).
 - 2) Proceed to Honza, perform Yū (in Mi-Iki : three breaths) all together in standing position and move forward to Shai.
 - * When a previous Tachi is shooting, enter at the Tsurune of Sanban's Haya and wait one step back from Honza in standing position. (The use of chair is possible.)
 - * Proceed to Honza at the last Tsurune and perform Yū all together. When the last competitor of the previous Tachi leaves and makes the first step to the right, move forward to Shai.
 - * There are also occasions when you may proceed to Honza, perform Yū all together at the "Hajime" signal of the Shinkōgakari and move forward to Shai.
 - 3) On Shai, turn into the Waki-Shōmen, stand the bow and carry out Yatsugae.
 - 4) After shooting the last arrow, each archer leaves the Shajō.
 - 5) At the exit, make sure to focus your attention on the Kamiza before you do Yū (in Futa-Iki).
 - 6) Make sure that the movements before and after the shooting are not overlong.
 - 7) The same procedure applies when shooting 4 arrows (Futate) and in 4-Person group.
 - 8) When a time limit is set, it is possible to proceed faster as long as the order of the archers is respected.

Shooting Procedure in Kyōgi (Hitote, Risssha, 5-Person group)

All Nippon Kyudo Federation

	Ichiban	Niban	Sanban	Yonban	Goban
H A Y A	Start shooting right away.	Start Uchiokoshi at Ichiban's Tsurune and proceed with the shooting.	Start Uchiokoshi at Niban's Tsurune and proceed with the shooting.	Start Uchiokoshi at Sanban's Tsurune and proceed with the shooting.	Start Uchiokoshi at Yonban's Tsurune and proceed with the shooting.
O T O Y A	Once Haya shot, nock Otoyā and wait. Start Torikake at Goban's Tsurune and proceed with the shooting.	Once Haya shot, nock Otoyā and wait. Start Uchiokoshi at Ichiban's Tsurune and proceed with the shooting.	Once Haya shot, nock Otoyā and wait. Start Uchiokoshi at Niban's Tsurune and proceed with the shooting.	Once Haya shot, nock Otoyā and wait. Start Uchiokoshi at Sanban's Tsurune and proceed with the shooting.	Once Haya shot, nock Otoyā and wait. Start Uchiokoshi at Yonban's Tsurune and proceed with the shooting.

(Effective as of April 1, 2014)

- Notes :
- 1) At the entry, make sure to focus your attention on the Kamiza. Ichiban does Rei, the others do Yū (in Futa-Iki : two breaths).
 - 2) Proceed to Honza, perform Yū (in Mi-Iki : three breaths) all together in standing position and move to Shai.
 - * When a previous Tachi is shooting, enter at the Tsurune of Niban's Otoyā and wait one step back from Honza in standing position. (The use of chairs is possible.)
 - * Move to Honza at the last Tsurune and do Yū all together. When the last competitor of the previous Tachi leaves and makes the first step to the right, move to Shai.
 - * Sometimes, you may move to Honza at the last Tsurune, do Yū all together at the "Hajime" signal of the Shinkōgakari, and move to Shai.
 - 3) On Shai, turn into the Waki-Shōmen, stand the bow and carry out Yatsugae.
 - 4) After shooting the last arrow, each archer leaves the Shajō.
 - 5) At the exit, make sure to focus your attention on the Kamiza before you do Yū (in Futa-Iki).
 - 6) Make sure that the movements before and after the shooting are not overlong.
 - 7) The same procedure applies when shooting 4 arrows (Futate).
 - 8) When a time limit is set, it is possible to proceed faster as long as the order of the archers is respected.

Handling 4 arrows (in Zasha) – Simplified Method:

- 1) Rotate to Waki-Shōmen and lower the bow (put the Urahazu on the floor) in the same time. Then, put Hitote (one set of 2 arrows) on the floor to the front, the Itatsuki in the center.
- 2) Keep the remaining Hitote (2 arrows) in the hand (holding either the Itsukebushi or the Itatsuki) and bring your right fist to your hip.
- 3) Stand the bow to the inside of the arrows, in front of the center of your body, and nock on the arrow.
- 4) When taking the next Hitote, pick up the arrows by the Itsukebushi or the Itatsuki and bring your right fist to your hip.
- 5) Stand the bow in front of the center of your body and nock on the arrow.