

Guidelines for Kyudo Beginner's Kit

Yumi

A low to mid price range yumi (either carbon or fibre glass) is a good idea to start with. Yumi such as - Jikishin 1, Jikishin 2, Renshin, Katsura, Tachibana.

As you progress you might upgrade to a more expensive yumi.

As a guide, 12kg for males and 10kg for females is a good starting point. Get the correct length for your height.

Kake

Three finger, hard thumb gloves are used at WAKA. Send in your hand dimensions and a scan of your hand for correct sizing.

Ya

Arrows - two makiwara arrows and a set of six target arrows. Measure your arrow size as per the instructions on the kyudo shop web sites. 1913 size arrows are correct for a beginner's yumi.

Uniform

White keikogi (male and female are different - get the correct one).

Black hakama (male and female are different - get the correct one).

Obi - come in different lengths.

White tabi. Get the correct size.

Muneate - chest guard for females.

Send in your sizes for correct purchasing as per the instructions on the kyudo web sites.

Accessories

Tsuru - strings. Get the correct size for your bow. Your new bow will not come with strings. You must purchase them separately.

Tsurumaki - string holder.

Nakajikake - hemp for tsuru nocking points. Some strings come with it, but not all do. If in doubt, check!

Nigirikawa - bow wrap

Shitagake - under glove
Kake bukuro - glove bag
Giriko - glove powder
Giriko Ire - holder for giriko
Fudeko - Powder for bow hand
Fudeko Ire - holder for fudeko
Yumi bukuro - bow bag
Gomu yumi - rubber band practice bow
Hazu - nocks
Yanone - arrow tips
Kyudo manual (very important)