

SHINSA TIMING

First arrow 甲矢 haya

- 1st person Proceed with shooting without pausing.
- 2nd person Stand up when the 1st person has finished with Dozukuri; grip bow string and perform Torikake when you hear the release sound of the 1st person's arrow.
- 3rd person Stand up when you hear the release sound of the 1st person's arrow; grip bow string and perform Torikake when you hear the release sound of the 2nd person's arrow.
- 4th person Stand up when you hear the release sound of the 2nd person's arrow; grip bow string and perform Torikake when you hear the release sound of the 3rd person's arrow.
- 5th person Stand up when you hear the release sound of the 3rd person's arrow; grip bow string and perform Torikake when you hear the release sound of the 4th person's arrow.

Second arrow 乙矢 otoy

- 1st person Stand your bow up and nock your arrow when you hear the release sound of the 4th person's arrow. Stand up when you hear the release sound of the 5th person's arrow.
- 2nd person Stand your bow up and nock your arrow when you hear the release sound of the 4th person's arrow. Then same timing as the first arrow.
- 3rd person Stand your bow up and nock your arrow when you hear the release sound of the 4th person's arrow. Then same timing as the first arrow.
- 4th person Stand your bow up and nock your arrow when you hear the release sound of the 5th person's arrow. Then same timing as the first arrow.
- 5th person Stand your bow up as soon as finished shooting and nock your arrow when you hear the release sound of the 1st person's arrow. Then same timing as the first arrow.

Leaving

For the 1st to 4th person, close your feet once you have finished shooting, then step your right foot forward in a direction and proceed to the exit.

For the 5th person, close your feet once you have finished shooting, then step your right foot back one step, or more steps depending on the space available. Proceed to the exit.

The next lot of five shooters enters the Dojo at the release sound of the previous group's 3rd person's arrow. Do a light bow (yu) when you hear the release sound of the previous group's 5th person's arrow, then as that 5th person does his yudaoshi (return bow to hip) you stand up and move forward to the Sha-i.